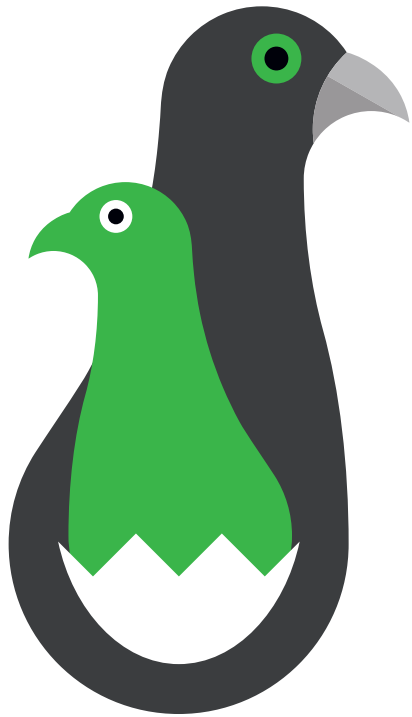




Shoreditch Trust

WHAT'S ON 2025

If you or someone you know is interested in joining any of our groups please complete a referral form here:
[Shoreditch Trust Referral Form](#)

For our other services such as Young Chefs, Health & Wellbeing Coaching and Flavours of Home please get in touch for times and eligibility.

connect@shoreditchtrust.org.uk
020 7033 8500
www.shoreditchtrust.org.uk

STROKE PROJECT

For *stroke survivors* living in Hackney and the City.

MONDAYS COMMUNICATION GROUP

1.30–3pm
8 Orsman Road
N1 5QJ

TUESDAYS YOUNGER STROKE SURVIVORS

11.30am–1.30pm
8 Orsman Road
N1 5QJ

WEDNESDAYS HIGH CARE GROUP

2–3.30pm
8 Orsman Road
N1 5QJ

THURSDAYS SELF HELP GROUP

1–2.30pm
8 Orsman Road
N1 5QJ

WE CONNECT HACKNEY

For *all Hackney and the City* residents.

TUESDAYS LET'S CRAFT

2–3pm
8 Orsman Road
N1 5QJ

THURSDAYS SHOREDITCH PARK WALK

1–2pm
Meet at Britannia Leisure Centre
Pitfield Street
N1 5FT

SINGING TOGETHER

2.30–4pm
Every 4th Thursday of the month
8 Orsman Road
N1 5QJ

COMMUNITY TABLE

Open to all.

WEDNESDAYS COMMUNITY SETTINGS FREE LUNCH CLUB

12–2.30pm
St Anne's Church
37 Hemsworth Street
N1 5LF

WOMEN & CHILDREN

For *pregnant women and mums and babies* registered with a Hackney GP.

WEDNESDAYS BUMP BUDDIES

coffee morning
10–11.45am
St Anne's Church
37 Hemsworth Street
N1 5LF

THURSDAYS ADVICE & ASSISTANCE

10–11.30am
8 Orsman Road
N1 5QJ

WE CONNECT IN THE CITY

A programme of creative and wellbeing activities for *adults and young families* resident in the City.

FRIDAYS BUMP BUDDIES

coffee morning
10–11.45am
The Aldgate Centre
Aldgate High Street
EC3N 1AB

LET'S CRAFT 10.30am – 12pm The Aldgate Centre Aldgate High Street EC3N 1AB

COMMUNITY SETTINGS FREE LUNCH CLUB

12–2.30pm
The Aldgate Centre
Aldgate High Street
EC3N 1AB

