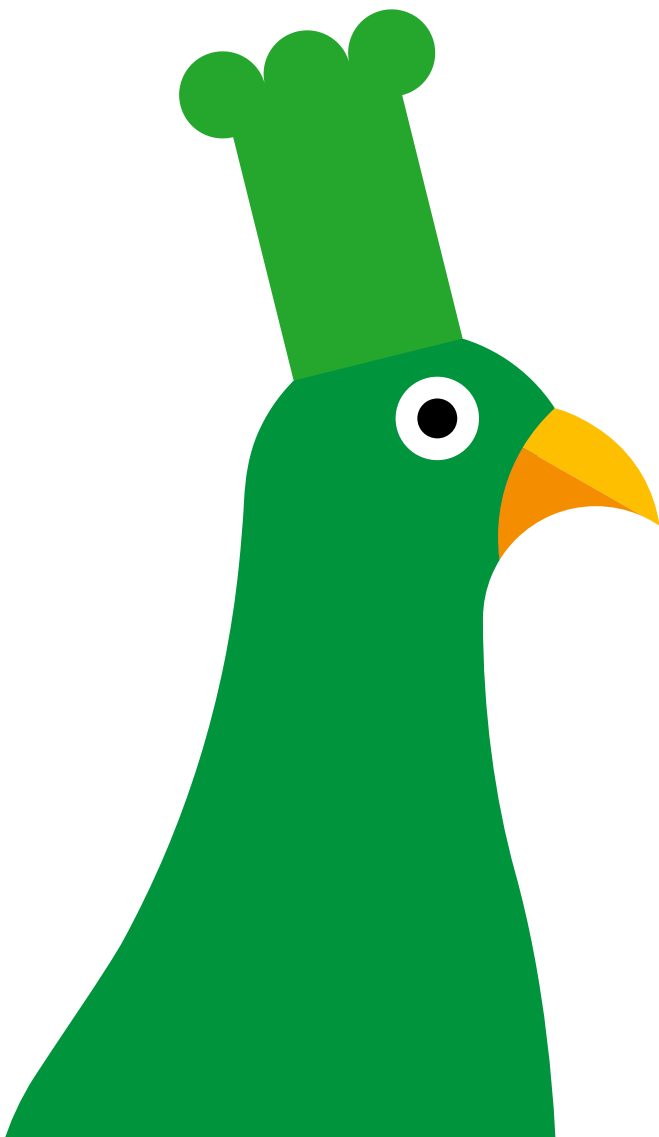


Where to find free food & hot meals in Hackney every day of the week.



MONDAYS

Idia's Community Kitchen

Fellow's Court Community Centre, Weymouth Terrace, Haggerston, E2 8LJ

10am–1pm: Free food service with a variety of bakery items and sandwiches to take away.

Wordsworth's Community Café

St Matthias Hall, Wordsworth Road, N16 8DD

11am–1.30pm: Soup, bread, home-made cakes, hot drinks. Pay as you feel.

St Monica's Church

19 Hoxton Square, N1 6NT

1.30–4pm: Free food distributed by the parish.

Humdingers Soup Kitchen

238 Hoxton Street, N1 5LX

5–7pm: Hot meals.

Jago Community Foodbank

440 Kingsland Road, E8 4AA

11am–4pm: Free vegetables, meat and dairy parcels £3.

Woodberry Down Community Fridge

Redmond Community Centre, Kayani Avenue, Woodberry Down, N4 2HF

12pm onwards: Choose fruit and veg to fill one shopping bag. If no food left, ask at the front desk about free meals.

TUESDAYS

Connecting All Communities

Banister House Community Hall, Homerton High Street, E9 6BP

11.30am–1.30pm: Food parcels and halal cultural hot meals.

St John's Soup Kitchen

2A Gloucester Drive, N4 2LW

6.30pm–8pm: Hot meals and food parcels.

Idia's Community Kitchen

Fellow's Court Community Centre, Weymouth Terrace, Haggerston, E2 8LJ

10am–1pm: Free food service with a variety of bakery items and sandwiches to take away.

Humdingers Soup Kitchen

238 Hoxton Street, N1 5LX

5–7pm: Hot meals.

St Mark's Church

Colvestone Crescent, E8 2NL (side entrance)

10.30am–2pm: Drop-in food aid.

215 Hackney

215 Stoke Newington High Street, N16 0LH

4–6pm: Soup kitchen offering hot food.

WEDNESDAYS

Shoreditch Trust Community Table

WaterHouse, 10 Orsman Road, N1 5QJ

12–2.30pm: Hot meals. Pay what you can.

Chatsworth Foodbank and Support Service

Clapton Park Methodist Church, 99 Chatsworth Road, E5 0LH

11am–2pm: Free food parcels. No need for a voucher, just walk in.

The Little Things

235 Old Street, EC1V 9EY

(next to the fire station)

6.30pm onwards: hot meals, snacks, hot & cold drinks as well as clothes and toiletries.

Lighthouse

Hackney Church House, (next to) St John's Church, Lower Clapton Road, E5 0PD

12–2pm: Food pantry, signposting, hygiene packs and clothing — plus a free take-away meal. (NHS community social prescribers last Wednesday of the month).

Humdingers Soup Kitchen

238 Hoxton Street, N1 5LX

5–7pm: Hot meals.

North London Action for the Homeless

St Paul's Church, Stoke Newington Road, N16 7UE

6pm: Free meals.

St Peter's Crypt

Northchurch Terrace, N1 4DA (in De Beauvoir area)

12.45–1.30pm: Soup & bread.

THURSDAYS

2nd Chance Café

St Mary's Centre, Stoke Newington Church Street, N16 9ES

11am–2pm: Soup and cakes. Pay as you feel.

Foodcycle

New Kingshold Community Centre, 49 Ainsworth Road, E9 7LP

12.30pm: Free meals.

AMURT

Salvation Army, 122 Lower Clapton Road, Lower Clapton, E5 0QR

1pm & 5pm: Free meals.

AMURT

The Greenhouse GP surgery, 19 Tudor Road, E9 7SN

1.30pm onward: Pre-packed hot meals & healthy energy bars.

Morningside Foodbank

Morningside Community Centre, Cresset Road, E9 6RH

1–4pm: Free food parcels — call first to register: 07958 771 953

Hackney Streets Kitchen

25 Hackney Grove, E8 3NR (outside Hackney Central Library)

8pm: Evening outreach for homeless people only.

FRIDAYS

Idia's Community Kitchen

Fellows Court Community Centre, 86 Weymouth Terrace, Haggerston, E2 8LJ

12–1.30pm: Free food service and pantry (£5 cash donation for the pantry; bring your own bags).

2nd Chance Café

St Mary's Centre, Stoke Newington Church Street, N16 9ES

11am–2pm: Soup and cakes. Pay as you feel.

Connecting all Communities

Whitmore Community Centre, 2-4 Philip Street, N1 5NU

12.30–2.30pm:

Food parcels and halal cultural hot meals.

Open Door Community Kitchen

Our Lady and St Joseph's Church, 100 Balls Pond Road, N1 4AG

5–7pm: Free hot meals and dessert.

St Mary of Eton Church Hall

Eastway, E9 5JA
(on Wick Road)

07482 320 992

12pm: Free community lunch.

Dalston Streets Kitchen

Ridley Road Market (opposite Dalston Kingsland Overground Station)

8pm: Hot food and drinks.

Morningside Community Centre

Cresset Road, E9 6RH

12–2pm: Lunch.

Humdingers

238 Hoxton Street, N1 5LX

5–7pm: Free hot meals.

Mildmay Community Centre Co-op

Woodville Road, N16 8NA

Food parcels to local residents and families for a fee of £1 per person. Call 020 7249 8286

to go on their list but if you don't have phone access or are homeless, turn up **between 11.30am and 1.30pm** to discuss your needs.

SATURDAYS

Idia's Community Kitchen

Fellows Court Community Centre, 86 Weymouth Terrace, Haggerston, E2 8LJ

10am–1pm: Free food service with a variety of bakery items and sandwiches to take away.

Hackney Streets Kitchen

St John's Churchway (opposite Marks & Spencer)

8pm: Evening outreach for homeless people only.

SUNDAYS

Idia's Community Kitchen

Fellow's Court Community Centre, E2 8LJ

10am–1pm: Pantry offering a variety of veg, fruit, dairy, bakery, tinned and dried food (minimum £3 donation). **'No money, no worries'** — free hot meals available.

St John's Soup Kitchen

2A Gloucester Drive, N4 2LW

12–2pm

Urban Table

Round Chapel, 2 Powerscroft Road, E5 0PU

1.30–3pm: Hot meals.

EVERY DAY

Whitechapel Mission

212 Whitechapel Road, E1 1BJ

8am: Breakfast.

Hot Line Meals

Hot Line Meals deliver home-cooked kosher meals to those in need, living in E5, N4, N15 and N16. For more information call 020 8806 1541 or email: info@hotlinemeals.org.uk

Carib Eats

Carib Eats deliver Caribbean home-cooked food. You need to fill in a referral form here: www.caribeats.org/contact-us

PET FOOD BANK

Leonard's Lunchbox

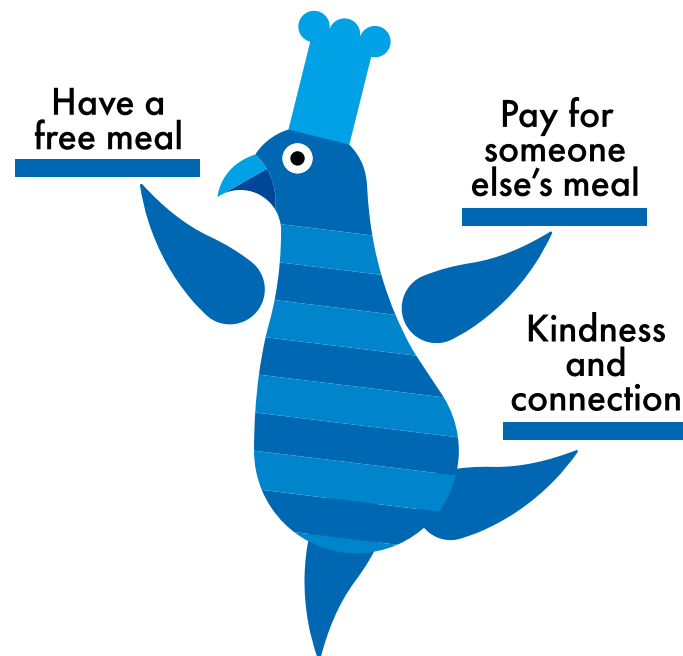
The Parish Rooms, St Matthew's Church, St Matthew's Row, Bethnal Green, E2 6DT (Hereford Street entrance)

THURSDAYS

6.30–8.30pm:

Food for cats and dogs, rabbits, birds and guinea pigs. Tea & coffee for you.

WaterHouse



COMMUNITY TABLE PAY WHAT YOU CAN LUNCH

Wednesdays

12–2.30pm

WaterHouse Restaurant

10 Orsman Road

London N1 5QJ

Shoreditch Trust

Our vision is for a society where we support each other to flourish—socially, economically, in our health and in our wellbeing.

www.shoreditchtrust.org.uk

Shoreditch Trust

 Hackney
Foodbank
Together with Trussell



www.hackney.foodbank.org.uk/local-places-to-get-free-food

Scan the code to connect to Hackney Foodbank and find local places to get free food and other services.