

Food for Life Practical Volunteer Placement: Role Description

The Food for Life Practical Volunteering Placement is an ideal opportunity for people who are interested in gaining hands-on experience of Cook and Eat sessions delivered in the heart of the community.

The Practical Volunteering Placement allows for a volunteer to contribute to up to six sessions delivered by the Food for Life team within a three month period.

What you would be doing

As a volunteer, you'll have a range of responsibilities, including:

- Assisting with transporting equipment to sessions;
- Purchasing ingredients for sessions;
- Setting up the venue including prepping furniture, equipment and ingredients as required;
- Welcoming participants;
- Assisting with delivery as required by the delivery team;
- Ensuring that the venue is kept tidy and safe through the session;
- Assisting with clean-up after the session ends.

What we need from you

We will ask you to commit to a minimum of three sessions. You will need to attend an induction workshop to find out about our approach and learn how you will fit in alongside the sessional staff. You will also need to provide relevant documentation to enable us to conduct a check with the Disclosure and Barring Service on your behalf.

How you can benefit

By volunteering with the Food for Life team, you will have the opportunity to:

- Experience the excitement of a community Cook and Eat session;
- Discover how we tackle the challenge of improving people's health and understanding of food;
- Gain practical experience by shadowing trained and experienced delivery staff;
- Access training opportunities through Shoreditch Trust.

Who this is for

This is an ideal opportunity for people who love food and enjoying working with large groups of people of all ages and backgrounds. It is particularly suited to people who are interested in working in public health and are looking to gain experience to help their employment prospects.

Additional information

Contact Katie Edmondson at katie@shoreditchtrust.org.uk or on 020 7033 8505 for more information or to express your interest in volunteering.

All volunteers at Shoreditch Trust are reminded of their obligations under the Data Protection Act as follows:

- *To keep all Personal Data confidential and not to transfer or otherwise make available Personal Data to any unauthorized SHOREDITCH TRUST Staff, Volunteer or Third Parties;*
- *Not to use Personal Data for their own private purposes;*
- *Not to use Personal Data for the purposes of Third Parties.*