



12 Orsman Road
London N1 5QJ

T 020 7033 8500
www.shoreditchtrust.org.uk

Vat 885423692
Company 03894363
Charity 1086812

Shoreditch Trust Peace of Mind team – Sessional Worker role, Sewing Teacher

Role Description and Person Specification

Salary: £15 /hour
Hours: 12 hours per course - 1.30pm to 4.30pm on Wednesdays
Based at: Healthy Living Centre, 170 Pitfield Street

The Peace of Mind programme works with diverse groups of adults who want to improve their emotional wellbeing or recover from mental ill health. We do this with the aid of specific activities and approaches that will enable them to rediscover hope, build skills and move forward from whatever challenges they are facing, whether that is experiencing a period of stress or having a long-term mental health diagnosis. Our clients develop better resources, rely less on statutory health services, have a greater quality of life and build more meaningful relationships with family and friends.

Principle Tasks

- To support the Shoreditch Trust Peace of Mind Programme by delivering 4-week courses to participants on the Peace of Mind programme
- To lead a sewing course and enable participants to learn basic sewing skills using sewing machines
- To ensure participants develop new skills and complete their chosen items
- To set up the room/clear out the room before and after each sessions
- To ensure the equipment is fully working
- To keep track of stock and replenish when necessary
- To develop new ideas and patterns for the classes
- To support Shoreditch Trust with developing ideas for generating additional income (i.e. selling items made by the group)
- To safeguard and care for members of the group by observing behaviour, offering practical support and feeding back any concerns to the Project Manager
- To ensure all health and safety guidelines are followed.

Person Specification

- Strong Sewing skills - knowledge of using a sewing machine as well as hand stitches
- An interest in mental health and wellbeing

- Self-motivated and patient
- Good organisational and communication skills
- Available on Wednesday afternoons for 4 weeks at the time

If you are interested in the role, please send us your CV and a cover letter detailing your sewing skills and any experiences you have of working with a group of individuals.

The position is subject to a satisfactory Disclosure and Barring Service check.

Please email your CV and cover letter to Stephanie Monteilh smonteilh@shoreditchtrust.org.uk